

**UNOFFICIAL
YOUTH**



**SURVIVAL
GUIDE**

**BEATING
BOREDOM**

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As you've grown older you've probably gotten used to more independence and freedom—not the other way around.

It turns out you can only play Fortnite for so long before you actually feel like doing something else. Not Minecraft. Not YouTube. So here are some ideas to help you beat cabin fever.

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TRY A NEW MOVIE GENRE

Oh, you hate horror movies? Sounds like now is the right time to Houseparty a group of friends and see how long you can make it. Go beyond the trending thread in Netflix. Delve into a documentary. Check out a classic.

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JONATHON'S UNOFFICIAL MOVIE RECS



- 👍 The Hate U Give (a good story plus it has 97% on Rotten Tomatoes)
- 👍 Avatar: The Last Airbender (wholeheartedly the best cartoon ever)
- 👍 Sinister (my favourite horror movie)
- 👍 The Dawn Wall (dope rock climbing doc and you know I live for it)

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**LEARN AN
UNEXPECTED SKILL**

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Take advantage of the free time on your hands. Ask yourself what you would learn if you could learn anything, then use Amazon and YouTube to get started. When this is over you can run away and join the circus. (But probably don't.)

- 👉 Try film photography
- 👉 Land a kickflip
- 👉 Become a DJ
- 👉 Master a slackline

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MAKE ART

Art can be an independent practice and a meaningful form of self-expression. Plus it's time consuming.

If you suck at drawing, try something else. Experiment with watercolours. Write rap lyrics. Look up zentangle.

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VOICE WITHIN
YOU SAYING,
'YOU ARE NOT A
PAINTER,' THEN
BY ALL MEANS
PAINT...AND
THAT VOICE WILL
BE SILENCED."
- VINCENT VAN
GOGH**





**BECOME A
MASTER CHEF**

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Challenge the stereotype that boys don't know how to cook. Years from now, you'll bring a blueberry-pecan galette to a potluck and be able to tell the story of when you were stuck in quarantine and started baking French pastries. Really.



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**HAVE FUN
BE SAFE**

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**NEXT
GEN
MEN**

